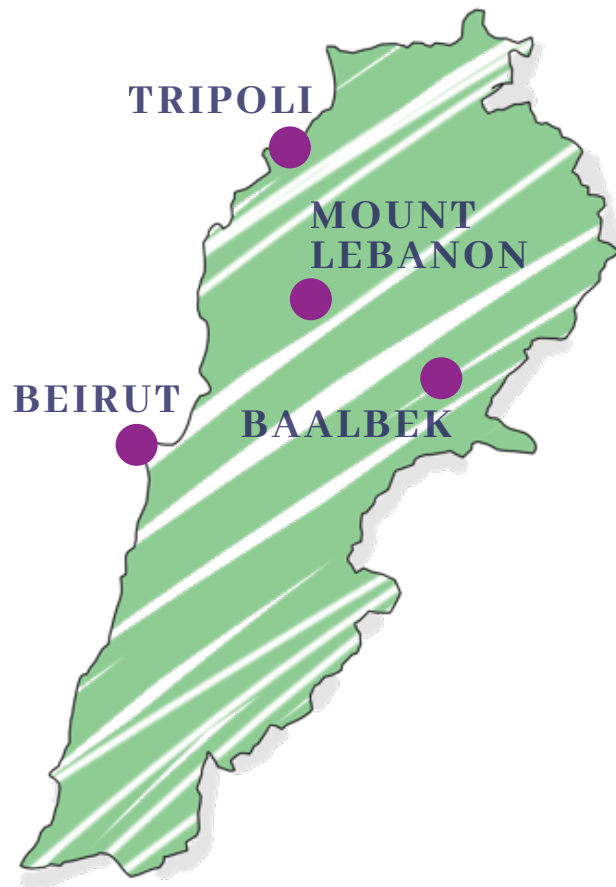


# RELIEF WORK ON PERIOD POVERTY



**Number of Distributed Kits: 890**

**Number of Women and Girls who benefited:  
Over 1800**

Women and girls affected by the economic crisis, Beirut explosion and COVID-19 pandemic, migrant domestic workers, Syrian and Palestinian refugees, women living with HIV, LGBTQI+ community, Lebanese women and girls, women and girls with disabilities...

**Number of Areas: 4**


**Partners:** UK Sigrid Rausing Trust, MADRE, Marsa Sexual Health Center, Vivre Positif, Rouwad Al Tanmiya, Egna Legna for the rights of migrant workers, AFE- Arab Foundation for Freedoms and Equality, and LUPD- The Lebanese Union for Persons with Disabilities..









“My husband hasn’t worked for about four months now. We have a lot of bills to pay, including those of the supermarket. We used to receive some aid, but it has stopped. Those hygiene and sanitary kits that you’re providing are basically a need and very useful because they became very expensive now, and we  cannot afford them.”



“Thank you so much for this contribution. We live at these times where everything is so expensive and finding a job became hard. Menstrual pads are very important as we monthly need them, but we can’t afford to buy them.”



“We came all the way from Bangladesh to work and save money to send to our families, but now the chances of finding a job are very low, coinciding with the very high prices. I thank you for this help; menstrual pads are among the other expensive stuff that we can no longer afford; like food and hygiene products. ”





**“We are exhausted from the whole situation. The country is running out of the vital things like medicine, and the prices are continuing to surge. Thank you for your support and we really hope that you’d be able to continue with this.”**



**“We are prioritizing food over anything. Prices of everything became very high including the price of menstrual pads, and so I resort to using pieces of cloth instead..”**



**“It became so hard for us to find the menstrual pads that we can afford. The ones available are very expensive and are way beyond our budget.”**







**“ Our lives were destroyed, the Beirut Port Explosion burned my house and my husband passed away. We received assistance from some organizations, but because of the inflation, everything became so expensive and we welcome any kind of assistance. Thank you \_\_\_\_\_ anyway for thinking about us.”**



“ My suffering is greater than you can imagine. I’m on 18 medications for diabetes and arteries, and every donation makes a difference. As you know, our government is always absent, and unable to provide for \_\_\_\_\_ our financial and even psychological needs. ”

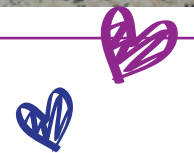






**“We are people with disabilities, and in this difficult economic situation, we do not have any financial revenue. We depend on aid most of the times, and when I don’t have money to buy menstrual supplies, I replace them with cloth.”**





**“We are exhausted from the whole situation. The country is running out of the vital things like medicine, and the prices are continuing to surge. Thank you for your support and we really hope that you’d be able to continue with this.”**







**“Hygiene and sanitary products are very important because they are directly related to our health, and when we are healthy, we can overcome obstacles. Nowadays, we are unable to afford buying menstrual pads because they became very expensive, and beyond our financial capabilities.”**

**“We are trying to survive this financial crisis by saving money, despite the unchanged income. Sometimes we receive support, but it doesn’t meet our needs as women. Thank you very much for this humanitarian gesture.”**



**“ Providing us with this kind of assistance makes it easier for us to buy other things. We can’t afford buying them nowadays because of the high increase in their prices.”**

**“I am unable to buy menstrual supplies because they are expensive. I use my pocket money to buy them, and when I don’t have enough, I use tissue papers. I am very much in need of receiving more of these kits. .”**









